

imbalance is being addressed, treatments will address all the current symptoms at the same time. The itching, ear and digestive problems will be given a single energetic treatment. General health building supplements, mild topical treatments to soothe the skin and ears and gentle energy techniques may be also used. The main treatment is to re-balance the energetic basis of the body so the symptoms never return and there is general improvement in health. Physicists have now validated this energy approach, so read some of their material. Just as no two snowflakes are the same, no two animals have identical underlying problems. The treatment is chosen for each animal, not for the disease. If you glance quickly at snowflakes they may appear the same, yet they are unique. The same symptoms in different animals seem to need the same treatment, yet to achieve true health each animal may need a different combination of modalities, different homeopathic remedies, chiropractic or acupuncture prescriptions.

Pasteur said *"the microbe is nothing, the terrain everything."* Terrain refers to the individual's specific susceptibility to disease, including infectious agents. Where did the susceptibility come from? Can it be eliminated? Every generation and culture that looks at this deep level of "spirit" has different explanations for the cause of ill health. As you explore different way of healing your animals you will be sharing a journey followed by billions of people through the centuries. Try something yourself or with professional help, then evaluate its effect on your animal by carefully keeping the journal.

### **The path of health**

We all desire symptoms to disappear quickly so our animals feel better. How we get rid of the symptoms can influence future health. The most deeply healing approach is to have the internal energy field (vital force) become balanced (not ill) which will then stop the compensatory symptoms from occurring. The body produces symptoms to heal the deep energy imbalance. Artificially suppressing symptoms with treatments (alternative or conventional) merely puts a temporary stop to the problem or even furthers weakens the energy field leading to more serious problems in the future and often a shorter lifespan.

When a successful treatment is given there is often an initial primary effect that is due to both the individual's energy field and the treatment itself. This is followed by a critical secondary effect generated by the energy field regaining health, causing it to "clean house." The "dust" (current symptoms) is gone along with the tendency to allow the "dust" to accumulate again. Stressors (vaccines, diet, emotions, environment, drugs, etc.) can again imbalance the energy field so it produces symptoms and needs more treatment.

Health is not a place we get to—it is a journey. Each animal has a different path. It is up to us to observe carefully, keep a journal, treat carefully and wait long enough for the inner energetic field to demonstrate in which direction the healing is progressing. No one veterinarian, no one book, no one expert, no one approach can be predicted as the best for your animal. Since you live with your animals and observe them carefully and have chosen specific life styles (diet, exercise, vaccination, etc) you must insist that practitioners at least honor the choices you have made for health for your animals. They may certainly disagree and try to convince you of their opinion. Use the knowledge you have learned about the anatomy and physiology of animals, the principles behind different treatments, read a lot, call someone, attend one of the Healthy Animals Teleclasses to keep your animal moving towards better and better health.

### CASE HISTORIES—DIFFERENT CHOICES ON THE PATH TO HEALTH

**Midnight** was diagnosed with low thyroid at age 2 and put on Soloxine. Her hair grew back in and she lost weight, but the owners felt she had "matured" and did not play as much. Two years later she developed a vaginal infection after her annual vaccination that was treated with antibiotics. Then she was very lethargic for 5-6 months and then her energy returned with no additional treatments. The next two years followed the same pattern, with increasing months of lethargy. The drugs have eliminated the current symptoms yet she feels more ill overall (suppression). These had not been good choices for Midnight, so her owner looked for a different approach so she would not be tired most of the year. When all the symptoms and reaction to drugs and vaccines were incorporated into the treatment selection of homeopathic remedies and other lifestyle changes including a raw meat and fresh food diet, Midnight bounced with energy, great hair coat and had a normal weight for many more years (a cure).



**Sue**, the Siamese, lived to 22. She did not seem to grow old until she was 18. She had several skin problems that were treated with antibiotics and antihistamines. When she was 14 she developed a hyperactive thyroid and had surgery. She recovered rapidly and continued to be active for a few more years. The drugs, canned food and vaccines were appropriate choices for this cat.